

EMT Basic Scenario – Diabetic Emergencies – Scenario 1

Dispatch: You are called to a residence for a 23-year-old female altered mental status. Caller stated that her roommate is not making sense and is eating raw sausage.

Takes, or verbalizes, body substance isolation precautions	Scene is Safe
Determines the mechanism of injury/nature of illness	Altered Mental Status
Determines the number of patients	1
Requests additional help if necessary	Yes
Considers stabilization of spine	None
Verbalizes general impression of the patient	23-year-old female not making any sense when speaking and eating raw sausage. Her roommate is there with her.
Determines responsiveness/level of consciousness	Conscious but confused
Determines chief complaint/apparent life threats	Altered Mental Status
Assesses airway and breathing Indicates appropriate oxygen therapy Assures adequate ventilation	Airway is Open 12 breaths/min Symmetrical rise and fall of the chest (Oxygen via NRB mask at 15 L/min)
Assesses circulation Assesses/controls major bleeding Assesses pulse Assesses skin (color, temperature, and condition)	Bleeding – none Pulse— Normal Pale, Cool, and Clammy
Identifies priority patients/makes transport decisions	High Priority
OPQRST	O—Working outside in the yard (been outside for 4-5 hrs) P—Nothing Q—No known pain R—None S—None T—30 mins Clarifying Questions – Any associated symptoms (Patient is very hungry hence the reason for eating raw sausage)
SAMPLE history	A—Unknown by roommate M—Insulin P—Diabetic L— Unknown by roommate E— Working outside in the yard

Performs Secondary Assessment (assesses affected body part/system)	Roommate states she can check her roommates sugar. Upon roommate checking it you find it at 37 mg/dL
Vitals (obtains baseline vital signs)	Blood pressure—132/82 mm Hg Pulse—8 beats/min Respirations—12 breaths/min SaO2—98% on room air
Field Impression	(Student should provide appropriate Field Impression from info above) – Patient having a diabetic emergency
Interventions (obtains medical direction or verbalizes standing order for medication interventions and verbalizes proper additional intervention/treatment)	Administer oral glucose (per Med Control Orders) Oxygen via NRB mask at 15 L/min
Demonstrate how and when to reassess patient	Patient should be reassessed every 5 mins Blood pressure—122/74 mm Hg Pulse—82 beats/min Respirations—16 breaths/min SaO2—99% on room air Blood Glucose Level – 128 mg/dL (roommate re-checks it) Patient is starting to talk normal and is able to start answering questions
Hand off Report	(Student should provide appropriate hand off report from info above)